



Neuromuscular Therapy • Pelvic Floor Pain & Rehabilitation • Orthopedic Rehabilitation

## Confidential Health History Form

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Name \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Date of Birth \_\_\_\_\_

Please list complaints/areas of concern in order of importance to you:

<u>Complaint:</u>	<u>What brought it on?</u>	<u>What aggravates it?</u>	<u>What relieves it?</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

When did your symptoms start? \_\_\_\_\_

Have you been hospitalized for your primary complaint? No \_\_\_\_ Yes \_\_\_\_

Is your primary complaint interfering with activities at home? No \_\_\_\_ Yes \_\_\_\_ Constant/intermittent

Is your primary complaint interfering with your work? No \_\_\_\_ Yes \_\_\_\_ Constant/intermittent

Is your primary complaint preventing you from working? No \_\_\_\_ Yes \_\_\_\_

Has there been a medical diagnosis? No \_\_\_\_ Yes \_\_\_\_

X-ray \_\_\_\_ MRI \_\_\_\_ Scan \_\_\_\_ Blood work \_\_\_\_\_

Have you had this problem before? No \_\_\_\_ Yes \_\_\_\_ If yes, when? \_\_\_\_\_

What caused the episode? \_\_\_\_\_

What was the previous diagnosis? \_\_\_\_\_

What treatments helped? \_\_\_\_\_

### Past Medical History:

List all past surgeries and dates: \_\_\_\_\_

Any infections/illnesses/cancer: \_\_\_\_\_

List all broken bones: \_\_\_\_\_

Motor vehicle accidents/whiplash: \_\_\_\_\_



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